

# Rowan's River Forest Peace Lily Mix

*Inspired  
by nature  
Nurturing  
at home*

A FOREST-FLOOR INSPIRED GROWING MIX  
FOR SELECTED PEACE LILIES

Peace Lilies (*Spathiphyllum*) naturally enjoy warmth, humidity and a root environment that holds moisture while still allowing air to circulate. Rowan's River Forest Mix takes inspiration from the meeting place between forest and river — soft organic matter, mineral material and plenty of air spaces — translated into a practical, pot-friendly mix.

## *The Recipe*

MAKES APPROXIMATELY 5 LITRES



**3 litres**

**Peat-free houseplant  
or multipurpose compost**

The foundation. Holds moisture and nutrients while supporting the roots.



**1 litre**

**Commercially produced  
leaf mould**

The forest. Adds soft, decomposed organic material and helps the mix retain moisture.



**750 ml**

**Horticultural perlite**

Air between the roots. Keeps the mixture open and aerated, allowing excess water to drain while maintaining a healthy root environment.



**250 ml**

**Washed horticultural grit  
or coarse horticultural sand**

The river. A small mineral component that helps maintain structure and drainage without creating heavy silt.

*Healthy  
Roots  
Happier  
Plants  
Brighter  
Spaces*

## Making Your River Forest Mix

- 1 Measure the ingredients by volume, not weight.
- 2 In a clean container, loosen the compost and leaf mould. Add the perlite and grit, then mix gently until evenly distributed.
- 3 The finished mix should feel soft, loose and springy. A handful squeezed gently may hold together briefly, but should crumble apart rather than forming a sticky ball.

### *Please note:*

- ✓ Use commercially produced ingredients.
- ✓ Do not use homemade leaf mould or material collected from woodland or riverbanks.
- ✓ Do not add fertiliser, manure, charcoal, clay or garden soil.

TROPICAL FOREST FLOOR • FILTERED LIGHT • HUMID AIR • MOIST ORGANIC GROUND • STREAMSIDE CONDITIONS



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*Plants connect us  
to a kinder, calmer world*

# Living With Your River Forest Mix

A HAPPIER HOME FOR YOUR PEACE LILY

*"Moisture without stagnation.  
Organic matter without heaviness.  
Structure without compaction.  
Water — and always room for air."*

THE RIVER FOREST PRINCIPLE



## Before You Repot

Rowan's River Forest Mix isn't intended for every Peace Lily.

If your plant is healthy and thriving in its present growing medium, there may be no reason to change it.

Repotting may be worth considering when the roots have become densely packed, the existing growing medium has deteriorated or compacted, or a change of growing medium has been individually suggested.

Yellowing leaves, drooping or poor growth do not automatically mean the soil is the problem. Light, watering, temperature, humidity, pests, root health and pot size can all influence how your Peace Lily behaves.



## Repotting

Choose a clean pot with drainage holes and only move up slightly in size.

An unnecessarily large volume of compost can remain wet for too long around a small root system.

There is no need to add a layer of stones or gravel at the bottom. Fill the root zone with the River Forest Mix itself.

Handle the roots gently and avoid pressing the new mixture down firmly.

Settle it lightly into the spaces around the root ball.

Peace Lily sap can irritate the skin, so wearing gloves is sensible.

Keep the plant away from children and pets.



## The First Water

Once repotted, water thoroughly and allow the excess to drain away.

Then allow your Peace Lily to settle into its new environment.

Don't water according to a rigid timetable. Instead, check a few centimetres below the surface and water when the upper layer has begun to dry.

The aim is a root environment that is gently moist when the plant needs it — never permanently saturated.



## In the Weeks Ahead

Observe your plant and look for new growth, good leaf colour and leaves that remain upright and hydrated. Notice how long the new mixture takes to dry compared with the previous compost.

Every home is different. Temperature, light, humidity, pot material and season can all change how quickly a plant uses water. Your Peace Lily will help you learn its own rhythm.



## Where Peace Lilies Come From

Peace Lilies (*Spathiphyllum*) are native to the warm, humid regions of Central and South America, where they often grow on forest floors, near rivers and in areas of seasonal flooding. They thrive in dappled light, high humidity and rich organic matter.

Rowan's River Forest Mix is inspired by these natural conditions, not a literal riverbank soil.



## A Gentle Reminder

- ✓ Use ingredients sold for horticultural use.
- ✓ Do not substitute builders' sand, material collected from riverbanks or woodland soil.
- ✓ Commercial compost may already contain nutrients. Follow the manufacturer's information before adding fertiliser, and allow a newly repotted plant time to settle.
- ✓ This guide provides general horticultural information. Individual plants and growing conditions vary, so observe your plant and adjust its care accordingly.



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Nurturing brighter tomorrows*

